

'Getting to 10': Successfully Transitioning to ICD-10

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About the Speaker





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As National Director of Government Affairs, Adele Allison monitors healthcare reform for Greenway, a leading provider of interoperability solutions that improve the delivery of healthcare and clinical, financial and patient health outcomes.

Currently the co-chair of the ONC Beacon-EHR Vendor Affinity Group, Allison has more than 25 years of healthcare experience and has been the guest speaker at dozens of national events, sharing her expertise on population management, big data analytics, PCMH, Meaningful Use, ACOs, ICD-10 and other topics.

A published author, Allison is a member of the University of Alabama at Birmingham (UAB) advisory board on curriculum development and previously served on UAB's HITECH Committee for HIT curriculum development.



Regulatory Foundation and Governance

- Overview of ICD-10
- Understanding the Challenges
- Action Items and Planning
- Greenway and ICD-10
- Questions





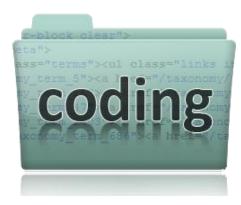
My Provider has/is (select all that apply):

- Planning to purchase new CEHRT in the next 12 months
- Actively implementing CEHRT for MU
- Performed Stage 1 MU
- Part of an Accountable Care Organization
- Uses CEHRT provided by a Hospital or Health System



The Quest for Data – *How'd we get here?*

- **1890s –** French Statistician Jacque Bertillon
- **1990 –** WHO endorses ICD-10
- **2002** ICD-10 published in **42** languages
- 2009 2 HHS final rules → "5010 Rules"
- **2012 –** Policy shift Oct. 1, 2014 Compliance
- **2013** Healthcare data in the U.S. today
 - U.S. only industrialized nation not using ICD-10
 - Standardized answers to 2 questions:
 - What did you do? → Procedure Code
 - Why did you do it? \rightarrow Diagnosis Code \rightarrow ICD-9
- More than **14,000** ICD-9 codes vs. more than **69,000** ICD-10





To Change or Not to Change

• "Pro-Changeover" → AHIMA and HIMSS

- Greater coding accuracy and specificity
- o More data to measure quality, safety and security
- Improved efficiencies, lower costs and reduced coding errors
- Alignment with worldwide coding systems
- Improved patient experience and elimination of waste
- Compliments goals of Meaningful Use

"Anti-Changeover" → AMA, MGMA and 82 Provider Organizations

- Too burdensome, especially on small practices
- Too costly for physicians
 - Estimates implementation costs from \$83,290 (solo) to \$250,000 (5-10 MDs) to \$2.7 million
 - High risk of payment delay
- \circ $\:$ Disruptive to physician health IT adoption efforts







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Which best describes your practice's state of readiness for ICD-10?

- We've done very little to prepare
- Behind, but beginning to focus
- On track for a smooth transition
- Ahead of the recommended timeline



- Effective Date \rightarrow October 1, 2014
- Transition requires both ICD-9 and ICD-10
 - DOS < October 1, 2014 \rightarrow ICD-9
 - DOS = October 1, 2014 or > \rightarrow **ICD-10**
- CMS **CANNOT** process ICD-10 claims pre-changeover
- Does **NOT** affect CPT coding
- Applies to **ALL** HIPAA-covered entities
- Medicare is on track Internal testing
- Medicaid CMS monitoring







- Expanded codes
- Added code extensions for injuries and external causes of injuries
- Added Trimester to OB codes
- Significant revisions to DM codes
- Laterality creates unique codes
- Structural differences in codes



- **ICD-10-CM** (*Clinical Modification*)
 - Morbidity classification and diagnostics specificity
 - **69,000+** codes that align with practice in the U.S.
 - Developed by CDC and NCHS for outpatient coding/reporting
- **ICD-10-PCS** (*Procedural Classification System*)
 - Completely separate from ICD-10-CM
 - 82,000 codes for use only in U.S. inpatient/hospital settings
 - Developed by CMS and 3M Health Information Mgmt.



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ICD-9-CM

- Maintained by the National Center for Health Statistics (NCHS)
- 14,315 Codes
- 3-5 Characters
- First Character = #, E, V

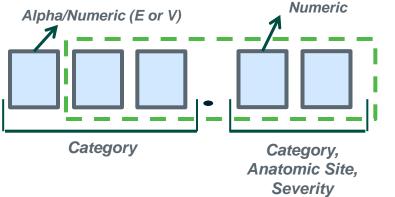
ICD-10-CM

- Maintained by NCHS
- 69,835 Codes
- **3-7** Characters
- First Character = Alpha all letters except U
- 7th Character for injury/external causes by initial, subsequent or sequela
- 50% Musculoskeletal
- 25% Fracture-related
- **36%** Distinguish right/left

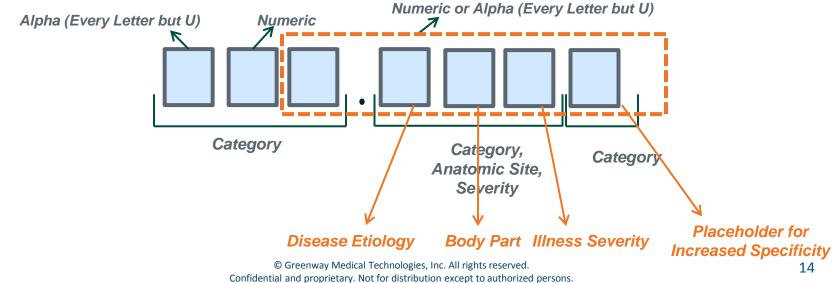


Overview of ICD-10

• ICD-9 Structure





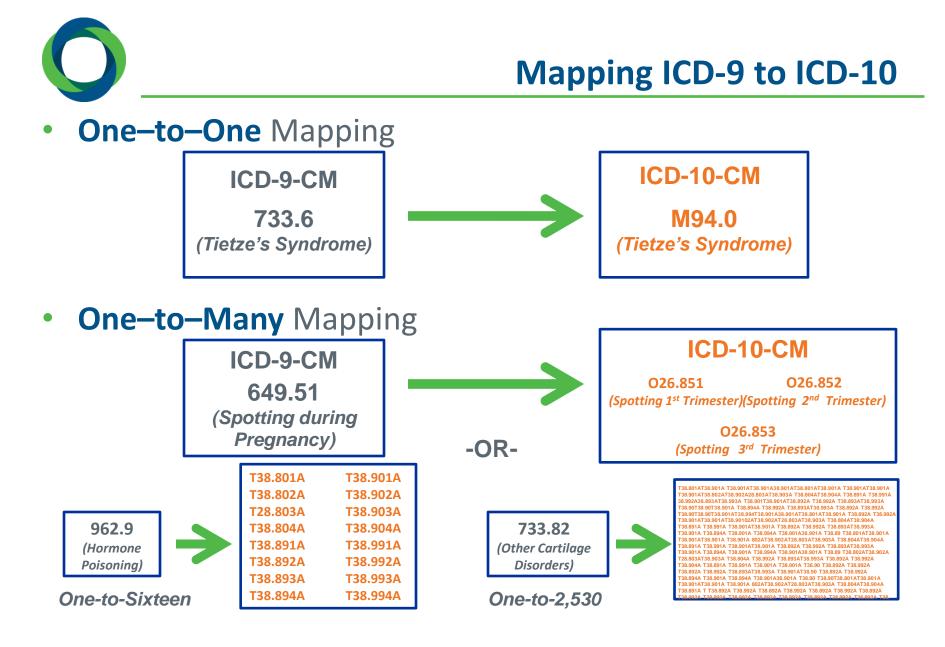








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Understanding the Challenges

- Action Items and Planning
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When it comes to using the ICD-10 codes, what are your greatest fears?

- Practice productivity will suffer
- Cost of doing business will rise
- Ability to train my staff properly
- Lack of measurable effect on quality of care



Challenges

- Pervasiveness of ICD-9
- Coordination between providers, vendors, clearinghouses and payers → Will all players be ready?
- **Shortage** of well-equipped professional coders
- Learning curve for providers
- Systems must support both ICD-9 and ICD-10





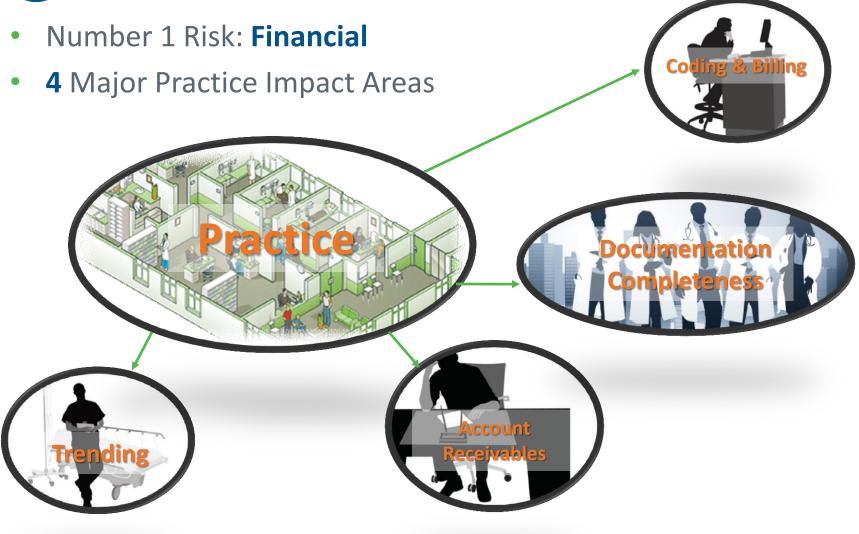
- Must review **known risks** → Direct/avoidable
- Understand hidden risks \rightarrow Indirect and complex
 - Payer readiness variability
 - Payer conservatism
 - Miscoding = increased denials
 - Appeals validation = cash flow issues
 - Use assumptive data trend to evaluate contracts
 - o Cash "dry spell"
 - Evaluate margin
 - Get lines of credit in place now
 - Payer rules will adjust with experience
 - System configuration mistakes = need to re-bill



Source: HIMSS, ICD-10 Playbook, www.himss.org



Mitigating Risk





- By Payer
 - AR Days
 - Aging of open AR (days and dollars)
 - First pass payment rate
- **Rejections** by payer (number and type)
- Number of "pending" claims for additional information



Mitigating Risk



Mitigating Risk

Coder Productivity

- Experts say to expect up to **40%** decrease
- Should be re-evaluated after some experience
- Coding Accuracy
 - Should include identifying root causes
 - Use strengths/weaknesses to target training







Metric Trending

- Critical to keeping a pulse on operations
- **Trend** on critical metrics (e.g., clean claim ratios)
- Will help identify cash-flow "snags" for remediation
- Trend key analytics to payer interdependencies
- Problem → Drill into underlying details quickly/benchmark (e.g., reimbursement comparison reports)



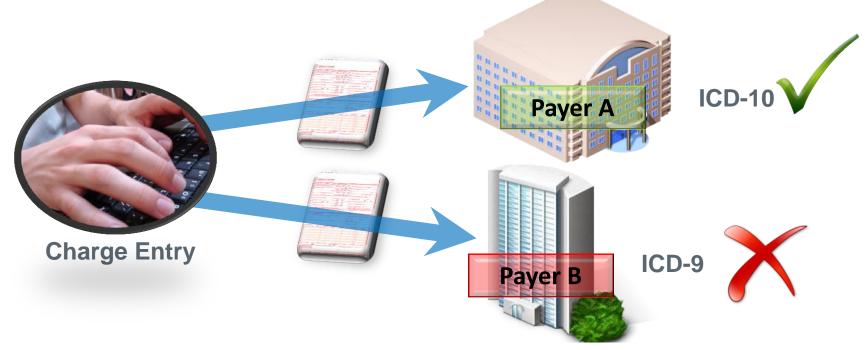


- Billing queries to providers
- Provider **response time** to queries
- Percent of queries vs. chart reviews





- Regulations require EVERY covered entity be compliant by Oct. 1, 2014
- Reality is not everyone will be (e.g., Workers' Comp) → Clients are interdependent





Non-Structured Information

- **Example:** Narrative typing or speech-to-text
- **Pros:** Personalized note, ultimate flexibility, "the patient is still a human"
- Cons: Not reportable, not researchable, not machine process-able, non-standard, ↑ risk

Structured Data

- Example: Combo or drop-down boxes; user-defined fields
- Pros: Typically customizable, information uniformity, supports reporting
- Cons: Not conducive to interoperability and industrywide standards





- Codified/Object-Oriented Data
 - Example: Vocabularies such as ICD-9, Snomed, LOINC
 - **Pros:** Very reportable, researchable, machine processable, standardized, interoperable
 - Cons: Limits flexibility in documentation, "cookiecutter" notes

Natural Language Processing

- Example: SIRI, Watson
- **Pros:** Extracting data from information typed or dictated
- **Cons:** Natural language "understanding" not currently practical, not available yet



- **Review** current documentation for the most common codes
- Work with staff → Documentation specificity enough for best ICD-10 codes?
- Details can be added to EHR templates:
 - Laterality
 - Encounter type (Initial, subsequent, sequela, routine healing, delayed healing)
 - Anatomic details
 - \circ Severity
 - Disease relationships









"That it will ever come into **general use**, notwithstanding its value, is **extremely doubtful**; because its beneficial application **requires much time and gives a good bit of trouble** both to the patient and the practitioner; because its hue and character are foreign and **opposed to all our habits** and associations."



What *London Times* said about the stethoscope — 1834

What technology? EHR? ICD-10?



Health Care and Change



Pragmatist

- 60% aim for minimum
- Only core processes for admin/compliance
- Last-minute adoption
- Penalties required
- Aiming for average = High potential risk



Collaborator

- 20-25% aim for opportunity
- Improve processes
- Advanced analytics, process improvement
- Rewards attained
- Aiming for improvement = Potential value for costs



Innovator

- 15-20% aim for transformation
- Complete change agent
- Training, outcomes mgmt.
- Rewards attained
- Aiming for excellence =
 Competitive advantage & strategic positioning



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Do you have someone in your office leading the charge on ICD-10?

- Yes, the physician(s) mostly
- Yes, our practice administrator/manager
- No one in particular it's a collaboration among all staff
- Not yet



- BCBS Association → Coding errors to increase 10-25% in first year
- CMS estimates for trained coder needs: **179,267** PT/**50,000** FT
- ICD-10 goes well **beyond payer-provider** transactions
- ICD-10 affects all components of the practice
- Impact Analysis
 - What systems/workflows does ICD-9 touch today?
 - Who needs training? Coders, billers, physicians
 - EHR adoption and MU have tentacles into ICD-10 changeover
 - How will EHR adoption impact practice management, billing, coding, reporting, etc.?
 - Greenway will support and continue to educate



- Training will need to be widespread
 - All stakeholders re: structure, benefits and changes
 - More intense coding for billing/coding staff
 - **Documentation** for providers

Financial Office	Data	Data Security	Auditors /	Clinicians
Staff	Management	Staff	Consultants	
Clinic Dept.	Quality Mgmt.	Patient Access /	Nursing Home	Ancillary Staff (PT,
Managers	Staff	Registration	Staff	OT, RT)
Visiting Nurses	Hospice Staff	Researchers	Billing Personnel	Accounting Staff
Compliance Staff	Data Analysts	Other Data Users	IT Personnel	

- Majority of participants should train 3-6 months prior to implementation
- ICD-10-CM \rightarrow 16 hours for coding professionals; less if limited codes



ICD-10 Training

- Curriculum Considerations
 - **Basic** understanding of ICD-10 code set
 - Coding diagnoses
 - Providers don't have to be certified coders
 - Coders do not have to know all there is about medicine
 - BUT the two are interdependent for optimal accuracy
 - If no coders, provider responsibility?
 - Foster this relationship!
 - Clinical definitions and terms
 - Using system updates
 - Relevant workflow changes





- "If it's not documented, it didn't happen." = Cannot bill
- More codes = more documentation
- Documentation considerations
 - Linking relevant conditions
 - o 7th character extension
 - Trimesters

Conduct Impact Analysis

- Clinical documentation assessments \rightarrow Do random samples support ICD-10 coding?
- \circ Implement documentation improvement strategies \rightarrow e.g., train, reassess, train again
- ICD-10 implementation/documentation Champion
- Let's look at a few examples!



Provider Documentation Training

Area	ICD-9	ICD-10	Comments / Examples
Diabetes Mellitus	59 Codes	>200 Codes	 Adds "poorly controlled" in addition to "controlled" and "not controlled" Adds multiple combination codes Example: E09.11 → Type 1 Diabetes Mellitus with Ketoacidosis with Coma
Injuries	No expanded categories for injury	Adds 7 th Character Extension to Identify the Encounter Type	 A = Initial Encounter D = Subsequent Encounter for Fracture with Routine Healing G = Subsequent Encounter for Fracture with Delayed Healing S = Sequela <u>Other</u>: Must code the type, cause, size and depth of injury
Drug Under-Dosing	Absent	Codes for when the patient takes less Rx than prescribed	 First code the medical condition Secondary code of under-dosing Tertiary Code of Reason <u>Example</u>: Documentation must include "Patient could not afford their medication."
Cerebral Infarctions	No differentiation between type and late effects of stroke	Differentiation is made for late effects of stroke by type	 Combination codes exist for common etiologies or manifestations <u>Example</u>: I63.012 → Cerebral Infarction due to Thrombosis of Left Vertebral Artery



Provider Documentation Training

Area	ICD-9	ICD-10		Comments / Examples
Acute Myocardial Infarction	Age definition is 8 weeks	Age definition is 4 weeks	•	 New categories for subsequent AMI and for complications within 4 weeks (28 days) of event Difference in terminology Laterality is included Example: 121.02 → ST Segment Elevation Myocardial Infarction involving the Left Anterior Descending Coronary Artery
Musculoskeletal	Limited Diagnosis Codes	Expanded Diagnosis Codes	•	<u>Example</u> : There are 8 codes for pathologic fracture in ICD-9; 150 codes in ICD-10
Pregnancy	Trimester not required, uses episodes of care	Documentation of trimester required	•	Counted from 1 st day of last period Must document number of weeks Episodes of care deleted Obstructed Labor incorporates reason Code extensions used to ID baby (1-5) affected by OB condition <u>Example</u> : (Trimester) O15.03 \rightarrow Eclampsia in Pregnancy in the 3 rd Trimester <u>Example</u> : (Obstruction/Baby ID) O64.1xx2 \rightarrow Obstructed Labor due to Breech Presentation, Fetus 2



- No national requirement for mandatory ICD-10-CM external cause code reporting
- Only required for providers if:
 - State-based reporting mandate
 - Payer requirement
- In the absence of a mandate → Providers encouraged to voluntarily report on claims





- Code Set and Guidelines → <u>www.cdc.gov/nchs/icd10cm</u>
- Timeline and Cost Calculator → <u>www.aafp.org/icd10</u>
- HIMSS ICD-10 Cost Predictive Modeling Tool \rightarrow <u>http://bit.ly/181azGS</u>
- CMS ICD-10 Basics → http://go.cms.gov/16pxHBI
- ICD-10 Changeover **Planning** Getting Ready \rightarrow <u>http://slideshare/18ofvGq</u>





- Impact Analysis → What systems/workflows touch ICD-9 today?
- Identify potential changes to workflows and business processes
- Develop ICD-10 Transition Plan
 - Organizational-specific needs, vendor readiness, staff knowledge
 - Inventory systems, forms, manuals, policies & procedures, business assoc.
 - Identify needs, resources and associated costs for budgeting and timeline planning
 - Participate in available testing opportunities

Clinical Documentation Improvement (CDI) program

- Communicate, communicate, communicate!
 - Pay attention to client announcements
 - Are your key points of contact for domain areas current with your IT Partners?





- It will cost in **resources** and **money**
- Coder compensation increases **20%** due to ICD-10 coder shortage
- **29%** decrease in coder productivity during training period
- **15%** decrease in coder productivity long-term due to slower process (Includes increase of coding errors)
- Many are looking to **outsourced coders** to compensate for coder productivity shortfalls
- Clinical documentation training critical
 - Rigorous documentation needed to code
 - Some ICD-10 will not allow code submission without specific documentation
 = lower payments or payment withheld
- Anticipate **slower collection** rates, including \uparrow denials





Plan For...

- Hiccups in cash flow
- Coding errors
- Productivity decrease
- Increase in clinic stress

Consider...

- Financial line of credit
- Train and educate
- Benchmark and measure for purposeful improvements
- Normalcy should return in 4-6 months
- Celebrate your success!



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Have you upgraded your software or replaced your system to prepare for ICD-10?

- Not yet
- We've upgraded our software to the most current versions available
- We've replaced our practice management/EHR system
- We're considering replacing our system



We are committed to being an industry leader in regulatory readiness

Product Readiness

• All PM & EHRs are ICD-10 ready

Testing

- Testing through Vitera Transactions Services (VTS)
- Testing with trading partners and payers

• ICD-10 Readiness Center on Support Center

- Collateral, toolkits and FAQs
- Resources





ICD-10 Taskforce

- Cross-functional team
- Goals and objectives
 - Implementation preparedness
 - Assist customers during transition and post-implementation
 - Develop ICD-10 workflow documents and computer-based training
 - ICD-10 webinars
 - Staff education and training underway
 - Assess alignment with other initiatives such as MU and PQRS







